



SUMEET TOSHNIWAL

GENERAL SURGEON | LAPAROSCOPIC SURGEON | ENDOSCOPIST

MBBS MS FRACS

CARPAL TUNNEL RELEASE

INDICATIONS

- » Pins and needles in hand in the distribution of median nerve. (Refer to picture)
- » Severe pain in hand +/- causing waking at night
- » When conservative measures like brace have not alleviated symptoms
- » Nerve conduction studies demonstrates moderate to severe compression of median nerve
- » Significant wasting of muscles in the distribution of median nerve, especially Thenar eminence. (Refer to picture)

CONSULTING LOCATIONS:

Knox Private Hospital (Suite 7)

Waverley Private Hospital

OPERATING LOCATIONS:

Knox Private Hospital

Waverley Private Hospital

Glen Iris Private Hospital

Mr Toshniwal is also appointed at Eastern Health. Uninsured patients can be operated in private, please enquire for quote

Please contact our rooms for appointments and enquiries

T 03 9210 7278

F 03 8822 1678

E rooms@mrtoshniwal.com.au

W www.mrtoshniwal.com.au

A **KEYHOLE** CARPAL TUNNEL RELEASE USUALLY PERFORMED UNDER **LOCAL ANAESTHETIC** FOR SUITABLE PATIENTS

- » Done as a day procedure in hospital
- » Significant relief from symptoms of pins & needles almost immediately*
- » Faster recovery

*Individual patient outcomes may vary.

WHAT TO BRING TO YOUR APPOINTMENT

- » GP referral
- » Nerve conduction studies

NOTES:

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